



WINCHESTER  
CATHEDRAL

# **Taken from the SAFEGUARDING POLICY**

## **Links to National and Local Organisations**



## Links to National and Local Organisations

- NSPCC – children’s charity which prevents abuse and helps those affected by abuse  
<https://www.nspcc.org.uk/>
- Childline – counselling service for children and young people up to the age of 19 years. Telephone 0800 1111 open 24 hours  
<https://www.childline.org.uk/>
- Age UK – charity for older people which provides information and advice across a wide number of subjects. Telephone 0800 678 1602 open 8am – 7pm  
<https://www.ageuk.org.uk/>
- MIND – mental health charity which offers information and support. Telephone 0300 123 3393 open 9am–6pm  
<https://www.mind.org.uk/>
- CALM – mental health charity which offers support to anyone who is struggling or in crisis with mental health. Telephone 0800 58 58 58 open 5pm–midnight  
<https://www.thecalmzone.net/>
- Refuge – charity for women and children suffering from domestic abuse. Telephone 0808 2000 247 open 24 hours  
<https://www.refuge.org.uk/>
- Mankind – charity for men suffering from domestic abuse. Telephone 01823 334244 open from 10am–4pm  
<https://www.mankind.org.uk/>
- MACSAS – supports those who have been sexually abused by ministers, clergy or under guise of the Church). Telephone 08088 01 03 40 open Wednesday 7pm–9.30pm and Saturday 9am–11.30am  
<https://www.macsas.org.uk/>

### **Local Organisations**



- **Stop Domestic Abuse** – provides services to those affected by domestic abuse  
**Email:** [advice@stopdomesticabuse.uk](mailto:advice@stopdomesticabuse.uk) **and helpline for all of Hampshire 0330 016 5112**
- **Connect to support Hampshire** – an online information and advice guide and directory of services for adult residents in Hampshire to find information, advice and services to manage their own care and wellbeing. You can find out about local groups, activities and services within your community as well as formal care provision.  
<https://www.connecttosupporthampshire.org.uk/informationandadvice>