

Last week, I went to see Jodie Comer's (Villanelle from BBC1s Killing Eve) amazing West End one-woman show *Prima Facie* at the cinema. If you haven't seen this yet at the cinema, please consider doing so. It was not easy viewing in terms of the subject matter but Jodie Comer was brilliant. In Suzie Miller's award-winning play, "Tessa is a young, brilliant barrister. She has worked her way up from working class origins to be at the top of her game: defending, cross examining and winning. An unexpected event forces her to confront the lines where the patriarchal power of the law, burden of proof and morals diverge. *Prima Facie* takes us to the heart of where emotion and experience collide with the rules of the game."

Before the showing began, the audience were introduced to a charity – The Schools Consent Project <https://www.schoolsconsentproject.com/>

Did you know between January and September 2021, there were 170,973 recorded sexual offences?

Did you know that 37% of that number were reports of rape?

Their website explains more. "The Schools Consent Project is a charity dedicated to educating and empowering young people to understand and engage with the issues surrounding consent and sexual assault. Our volunteers lead workshops around the legal definitions of consent and assault in secondary schools and youth groups.

The SCP empowers young people aged 11-18 in England, Wales & Northern Ireland with the skills, confidence and knowledge they need to make safe, healthy choices around sexual consent.

As future jurors, police officers, parents, and community members, young people need to know what consent is.

We empower them to understand what consent looks like, how to give, seek, withdraw and withhold it, how the law works, and how to have honest conversations with sexual partners and other people in their lives.

Our volunteers lead the students in simple, accessible conversations and interactive games that challenge harmful attitudes towards sex and consent.

Our volunteer workshop facilitators are powerful communicators with a passion for empowering young people. They convey precise legal knowledge energetically, enthusiastically and accessibly. We require that anyone delivering a workshop has, or is undertaking a post graduate degree in law, and has been examined in the Sexual Offences Act 2003."

Whilst I thought about the benefits of young people being able to access workshops such as these, it reminded me of a website and pack for those working with young people I had come across recently. www.safelives.org.uk is a UK-wide charity dedicated to ending domestic abuse for everyone and for good. They have put together a resource pack aimed primarily at young people aged 13-21.

They explain on their website, “In 2019, SafeLives gathered the voices and perspectives of men and boys aged 11 and over, asking them about abuse, masculinity and what a 'healthy' relationship looks like.

28% of respondents said they had demonstrated behaviour within a relationship that they regretted, with 64% of these relationships occurring between the ages of 16 and 29.

Professionals working with young people are in the unique position to support them to have healthy relationships during this critical window - before they harm or are harmed. They can also be there to support and speak to a young person if they are worried about their relationship.

To do this, professionals need to feel confident starting conversations about relationships. Building on our research, we have developed a resource pack that any professional working with young people could use to start conversations with young people about relationships and explore what healthy looks like.”

You can find out more about this resource pack by clicking this link - [What does healthy look like? | Safelives](#)